

DISRUPTIVE BEHAVIOR & AGGRESSION CLINICIAN RESOURCES

SCREENING TOOLS

- Because of the high rate of comorbidity with disruptive behavior and aggression disorders with ADHD, the SNAP tool can be useful. Note that question numbers 21-28 directly relate to ODD.
 - SNAP-IV Rating Scale (Revision of the Swanson, Nolan and Pelham (SNAP)).
 - [SNAP Rating Scale](#)
 - [SNAP Scoring Form](#)
- The following screening tools are available for clinicians at a cost.
 - [Child Behavior Checklist \(CBCL\)](#)
 - [Behavior Assessment System for Children, 2nd Edition \(BASC-2\)](#)

MEDICATION & MANAGEMENT

The US Food and Drug Administration (FDA) has no approved indications for aggression in children and adolescents, apart from irritability-associated aggression in children with autism. In other populations, recent federally supported evidence-based reviews suggest efficacy for some psychotherapeutic agents, but primary care clinicians are urged to consult with mental health specialists before prescribing medications for aggression.

- [Practice Parameter for the Assessment and Treatment of Children and Adolescents with Oppositional Defiant Disorder](#) – AACAP
- [Practice Parameters for the Assessment and Treatment of Children and Adolescents with Conduct Disorder](#) – AACAP
- [What are effective treatments for oppositional defiant behaviors in adolescents?](#) – The Journal of Family Practice

EVIDENCE-BASED PSYCHOSOCIAL THERAPIES

- [Evidence-Based and Promising Practices: Interventions for Disruptive Behavior Disorders](#) – U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA)
- [Evidence-Based Treatment for Children with Behavioral Problems](#) – Parent Management Training Institute
- [Parent-Child Interaction Therapy \(PCIT\)](#) – University of Florida

- [What is Multisystemic Therapy \(MST\) - MST Services, Inc.](#)
- [Multisystemic Therapy \(MST\) – MST Institute](#)

WEBSITES

- [American Academy of Child & Adolescent Psychiatry \(AACAP\)](#)
 - [Oppositional Defiant Disorder Resource Center](#)
- [American Academy of Pediatrics](#)
 - [Treatment of Maladaptive Aggression in Youth](#)
- [Center for Mental health in Schools](#)
- [American Academy of Family Physicians \(AAFP\)](#)