

OhioRISE Overview for Community Partners

What are the basics of OhioRISE?

OhioRISE is a specialized Medicaid managed care program for children and youth with complex behavioral health needs (mental health/substance use disorder) and multisystem needs. Aetna Better Health of Ohio (Aetna) is the managed care partner for the program.

Children and youth with multisystem needs are often involved in multiple community systems such as juvenile justice, child protection, developmental disabilities, education, mental health and addiction, and others.

The OhioRISE Program uses a "system of care" approach and the guiding principles of a wraparound philosophy. These techniques focus on "wrapping around" a child or youth through care coordination to provide services and supports through a coordinated network in their community. This helps ensure the child or youth functions better at home, in school, in the community, and throughout life.

OhioRISE care coordination uses a Child and Family Team (CFT) approach. Children or youth and their caregivers select members of their CFT. The CFT meets regularly to assist with care planning that focuses on the child or youth's and family's strengths, beliefs, culture, community/natural supports, and their voice and choice. OhioRISE care coordination is provided at three levels of intensity:

- » Limited Care Coordination (Tier 1) Delivered by Aetna and is the least intensive level.
- » Moderate Care Coordination (Tier 2) Delivered by Care Management Entities (CMEs) and uses wraparound-informed strategies.
- » Intensive Care Coordination (Tier 3) Delivered by CMEs and adheres to the High-Fidelity Wraparound model.

Who may benefit from OhioRISE?

Children and youth who may benefit from OhioRISE:

- » Have multiple needs that result from behavioral health challenges.
- » Have multisystem needs or are at risk for deeper system involvement.
- » Are at risk of out-of-home placement or are returning to their families from out-of-home placement.

Who qualifies for OhioRISE?

Children or youth who may be eligible for OhioRISE:

- » Are eligible for Ohio Medicaid (either managed care or fee-for-service).
- » Are age 0-20.
- » Are not enrolled in a MyCare Ohio plan.
- » Require significant behavioral health treatment needs, measured using the Ohio Child and Adolescent Needs and Strengths (CANS) assessment.

Children and youth may also be eligible for OhioRISE due to certain urgent conditions. For example, if a child or youth is in a hospital for a behavioral health reason.

If a youth is enrolled in a MyCare Ohio plan and has qualifying needs for OhioRISE services, they can still get access to the care they need. The youth's MyCare Ohio plan should be contacted to discuss options.

What does OhioRISE cover?

OhioRISE covers all medically necessary Medicaid covered behavioral health services for eligible children and youth, with a few exceptions. Children and youth enrolled in the program continue to receive their physical health benefits and behavioral health emergency department services through their managed care organization (MCO) or fee-for-service (FFS) Medicaid, while their behavioral health services are covered by Aetna, the OhioRISE Plan. OhioRISE also covers medications a doctor gives to a member in the office to treat mental health and substance use disorders.

In addition to all of the mental health and substance use disorder services currently covered by Ohio Medicaid, new and improved services under the OhioRISE plan include:

- » Care Coordination
- » Intensive Home-Based Treatment (IHBT)
- » Psychiatric Residential Treatment Facility (PRTF)
- » Mobile Response and Stabilization Service (MRSS)
- » Behavioral Health Respite
- » Flex Funds

Visit the OhioRISE web page at <u>managedcare.medicaid.ohio.gov/ohiorise</u> to learn more about these services.

How does a child or youth enroll in OhioRISE?

Most children and youth will be enrolled in OhioRISE if they are found eligible through the completion of a Child and Adolescent Needs and Strengths (CANS) assessment. To learn more about the CANS, visit managedcare.medicaid.ohio.gov/managed-care/ohiorise/4-cans-resources. Children and youth enrolled in OhioRISE will receive new member materials from Aetna, a new Medicaid ID card showing OhioRISE eligibility, and will be contacted by a care coordinator from Aetna or their local CME.

If a CANS assessment indicates a child or youth is eligible for OhioRISE, their enrollment in OhioRISE is mandatory. The child or youth will be enrolled in OhioRISE effective on the date the assessment is submitted into the state's CANS IT system. If the CANS assessment indicates the child or youth is not eligible for the program, a notice of denial and hearing rights will be issued to their mailing address.

If a child's parent/guardian or a youth does not want the child or youth to be enrolled in OhioRISE, a disenrollment for Just Cause can be requested. The Just Cause disenrollment request will be reviewed and determined by the Ohio Department of Medicaid. A child or youth who is disenrolled from OhioRISE will not have access to most of the new and enhanced services listed above because those services, except for MRSS, are available only through the OhioRISE plan.

How can a CANS assessment be scheduled?

Providers, managed care partners, community organizations, and youth, families and caregivers can request to have a CANS assessment scheduled with a certified CANS assessor. Once the referral is completed, a CANS assessor in the child or youth's community will reach out to schedule a CANS assessment. The CANS assessor will ensure the assessment is scheduled at a time and place that is convenient for the youth and their family/caregiver. The following organizations can be contacted for more information on scheduling a CANS assessment:

- » A CME in the child or youth's community. Contact information for the CMEs can be located here: managedcare.medicaid.ohio.gov/cme-info
- » Medicaid Consumer Hotline at 800-324-8680 (TTY: 711), Monday through Friday 7 a.m. to 8 p.m. and Saturday 8 a.m. to 5 p.m.
- » Aetna Better Health of Ohio at 833-711-0773 (TTY: 711), Monday through Friday from 7 a.m. to 8 p.m.
- » A child or youth's managed care organization, if they are enrolled in managed care.
- » A behavioral health provider or Family and Children First Council that has a CANS assessor onsite.

The Ohio Department of Medicaid (ODM) follows state and federal civil rights laws that protect you from discrimination or unfair treatment. To help you understand this brochure, language assistance, interpretation services, auxiliary aids, and services are available upon request at no cost to you. You can request these services by calling ODM's Civil Rights/ADA Coordinator at 614-995-9981/TTY 711, fax 1-614-644-1434, or email: ODM_EEO_EmployeeRelations@medicaid.ohio.gov.