

***DISCLAIMER:** The information contained herein should NOT be used as a substitute for the advice of an appropriately qualified licensed physician or other health care provider.*

Antidepressants (SSRI's are 1st and 2nd line treatment for Depression and Anxiety)					
Generic Name	Brand Name	Dosage Forms	Starting Dose Range	Max Daily Dose	Notes
Fluoxetine	Prozac	10 mg, 20 mg, 40 mg, 60 mg Liquid: 20 mg/5 ml	10-20 mg	80 mg	Longest half-life of SSRI's translating into patients better tolerating missed doses and weans Most studied SSRI in pediatrics First line for child and adolescent MDD
Citalopram	Celexa	10 mg, 20 mg, 40 mg Liquid: 10 mg/5 ml	10-20 mg	60 mg	Dose-dependent QTc prolongation, should get EKG if titrating above 40 mg or when using with another medication that also increases QTc. No pediatric FDA approval, considering using escitalopram first
Escitalopram	Lexapro	5 mg, 10 mg, 20 mg Liquid: 5 mg/5 ml	5-10 mg	20 mg	More evidence in adolescent depression than pre-adolescent depression
Sertraline	Zoloft	25 mg, 50 mg, 100 mg Liquid: 20 mg/ml	25-50 mg	250 mg	Youngest pediatric approval (≥ 6 for OCD)
Paroxetine	Paxil	0 mg, 20 mg, 30 mg, 40 mg; CR: 12.5 mg, 25 mg, 37.5 mg Liquid: 10 mg/5ml			This medication has been associated with a higher risk of SI than other SSRI's. No pediatric approval Would not recommend use in pediatric populations
Fluvoxamine	Luvox	25 mg, 50 mg, 100 mg CR: 100 mg, 150 mg	25 mg	200 mg (divided into BID when over 50 mg)	Short half-life/twice daily dosing of non-CR CYP interactions and higher risk of interactions with other medications

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SSRI FDA Approval by Age Group (Empty boxes are not FDA approved for use)						
	MDD	OCD	Panic Disorder	Social Anxiety	PTSD	GAD
Citalopram	≥18 mg					
Escitalopram	≥12 mg					≥18 mg
Fluoxetine	≥8 mg	≥7 mg				
Sertraline	≥18 mg	≥6 mg	≥18 mg	≥18 mg	≥18 mg	
Duloxetine	≥18 mg					≥7 mg
Paroxetine	≥18 mg	≥18 mg	≥18 mg	≥18 mg	≥18 mg	≥18 mg
Fluvoxamine		≥8 mg				
Clomipramine		≥10 mg				

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SSNRI's					
Generic Name	Brand Name	Dosage Forms	Starting Dose	Max Dose	Notes
Venlafaxine	Effexor	25 mg, 37.5 mg, 50 mg, 75 mg, 100 mg XR 37.5 mg, 75 mg, 150 mg, 225 mg			Has high alpha-adrenergic activity, associated with multiple withdrawal symptoms This medication has been associated with a higher risk of SI than SSRI's. No pediatric FDA approval Not recommended for use in pediatric populations
Desvenlafaxine	Pristiq	25 mg, 50 mg, 100 mg	25 mg	100 mg	The major metabolite of venlafaxine, avoids some 2D6 metabolism Pharmacogenetic testing can be misleading, as this medication is always reported in the green (or "use as directed") column, but there is no evidence for use in pediatric depression or anxiety. No pediatric FDA approval.
Duloxetine	Cymbalta	20 mg, 30 mg, 60 mg	30 mg	120 mg	Approved for Pediatric GAD in 2014 Sometimes used for comorbid pain syndromes

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Other Common Adjunctive Medications (Recommend using with caution or in consultation with psychiatry)			
Generic Name	Brand Name	Dosage Forms	Notes
Bupropion	Wellbutrin	75 mg, 100 mg (BID) SR 100 mg, 150 mg, 200 mg (BID) XL 150 mg, 300 mg, 450 mg (daily) XL 174 mg, 348 mg, 522 mg (daily)	Norepinephrine and Dopamine Reuptake Inhibitor Reduces seizure threshold, highly dangerous in overdose Can be used as adjunctive treatment to other medications No pediatric approval
Mirtazapine	Remeron	7.5 mg, 15 mg, 30 mg, 45 mg Oral dissolving tablet 15 mg, 30 mg, 45 mg	No monoamine reuptake inhibition No pediatric approval Sometimes used off label for sleep or to help with depression Sedation worse at lower doses due to more antihistamine effects
Trazodone	Desyrel	50 mg, 100 mg, 150 mg, 300 mg	Serotonin modulator Sometimes used off label for sleep Metabolite has interaction with fluoxetine, resulting in decreased efficacy of fluoxetine
Amitriptyline	Elavil	10 mg, 25 mg, 50 mg, 75 mg, 100 mg, 150 mg	Tricyclic anti-depressant (TCA) Associated with prolonged QTc and many other side effects, leading to poor tolerability Exceptionally dangerous in overdose Used for migraines, pain, cyclic vomiting, occasionally adjunctive for mood Need to monitor for serotonin syndrome if patient is on amitriptyline and other serotonin agents (SSRI's, SNRI's, etc.)