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Stimulant ADHD Medication Aid					
Generic Medication	Brand Names	Dosage Forms	Starting Dose	Max Dose	Notes
Methylphenidate (immediate release)	Ritalin Methylin chewable Methylin liquid	5 mg, 10 mg, 20 mg 2.5 mg, 5 mg, 10 mg 5 mg/5 ml, 10 mg/5 ml	5 mg BID	60 mg divided BID or TID	
Methylphenidate extended release capsule	Ritalin LA Metadate CD	10 mg, 20 mg, 30 mg, 40 mg 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg	20 mg daily	60 mg daily	Can be opened/sprinkled
Methylphenidate extended release tablet	Concerta	18 mg, 27 mg, 36 mg, 54 mg	18 mg daily	54 mg (for 6-12 years) 72 mg (for age 13+)	Cannot be divided or crushed
Methylphenidate multilayer extended release capsule	Aptensio XR	10 mg, 15 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg	10 mg daily		Can be opened/sprinkled
Methylphenidate multilayer extended release capsule	Adhansia XR	25 mg, 35 mg, 45 mg, 55 mg, 70 mg, 85 mg	25 mg daily	70 mg daily (85 mg daily for adults)	20% IR layer/80% XR layer Can be opened/sprinkled
Methylphenidate extended release liquid	Quillivant XR	25 mg/ 5ml solution Bottles (ml): 60 mg, 120 mg, 150 mg, 180 mg	20 mg daily	60 mg daily	Bottles intended to last one month 20% imm. release, 80% ext. release
Methylphenidate extended release chewable tablet	QuilliChew ER	20 mg, 30 mg scored chew tabs 40 mg unscored chew tabs	20 mg daily	60 mg daily	30% imm. release, 70% ext. release
Methylphenidate extended release orally disintegrating	Cotempla XR-ODT	8.6 mg, 17.3 mg, 25.9 mg	17.3 mg daily	51.8 mg daily	Orally disintegrating tab
Methylphenidate extended release transdermal	Daytrana	10 mg, 15 mg, 20 mg, 30 mg	10 mg daily	30 mg daily	Possible adverse skin reaction/irritation due to patch Not suitable for swimming/heavy sweating
Methylphenidate extended release administered at night	Jornay PM	20 mg, 40 mg, 60 mg, 80 mg, 100 mg	20 mg daily	100 mg daily	Has extended release coating, administered in the evening Start at 8pm, adjust to between 6:30-9:30 as needed, works in AM Insomnia at higher rates (33%) than some other stimulants
Methylphenidate sustained release tablet	Metadate ER	10 mg, 20 mg	20 mg daily	60 mg daily	Must be swallowed whole
Serdexmethylphenidate and dexamethylphenidate	Azstarys	26.1 mg/ 5.2 mg, 39.2 mg/ 7.8 mg, 52.3 mg/ 10.4 mg	39.2 mg/ 7.8 mg	52.3 mg/ 10.4 mg	Combination of 30% immediate release dexamethylphenidate plus 70% of serdexmethylphenidate, a dexamethylphenidate prodrug; can be opened & sprinkled