# ADHD Nonstimulant Medications

This aid is a PDF version of the tables located at <https://ohiomindsmatter.org/health-professionals/medication-guides/adhd-nonstimulant-medication-aid>

# Alpha Agonists

## Guanfacine (extended release)

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| --- | --- | --- | --- | --- |
| **Brand Names** | **Dosage Forms** | **Starting Dose** | **Max Dose** | **Notes** |
| Intuniv | 1 mg, 2 mg, 3 mg, 4 mg | 1 mg daily | 4 mg in children 6-12;   7 mg in children 13+ | α-agonist (α2A-specific) Orthostasis, sedation   Can be given morning or evening;   can be used together with stimulant |

## Clonidine (extended-release)

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| --- | --- | --- | --- | --- |
| **Brand Names** | **Dosage Forms** | **Starting Dose** | **Max Dose** | **Notes** |
| Kapvay (tablet) | 0.1 mg | 0.1 mg daily to BID | 0.2 mg BID | α-agonist (less specific for α2A) BID dosing if higher than 0.1 mg per day |
| Onyda XR (suspension) | 0.1mg | 0.1mg at bedtime | 0.4mg per day | Dosed at night for coverage throughout the next day |

When discontinuing clonidine, taper dose by 0.05mg to 0.1mg every 3 to 7 days to prevent rebound hypertension.

## Common Side Effects for Alpha Agonists (guanfacine and clonidine)

Lightheadedness/dizziness, especially when sitting up or standing up; mild sedation; headache.

## Serious Side Effects for Alpha Agonists (Rare)

Syncope (fainting); large decreases in heart rate or blood pressure.

# Norepinephrine Reuptake Inhibitors

## Atomoxetine

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| **Brand Names** | **Dosage Forms** | **Starting Dose** | **Max Dose** | **Notes** |
| Strattera | 10 mg, 18 mg, 25 mg, 40 mg, 60 mg, 80 mg, 100 mg | 10 mg or 0.5 mg/kg daily | 100 mg daily | Capsule cannot be opened |

## Viloxazine (extended release)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Brand Names** | **Dosage Forms** | **Starting Dose** | **Max Dose** | **Notes** |
| Qelbree | 100 mg, 150 mg, 200 mg | 100mg (Children 6-17)  200 mg (18+) | 400 mg daily (600 mg daily for adults) | Capsule can be opened and sprinkled |

## Common Side Effects for norepinephrine reuptake inhibitors (atomoxetine and viloxazine)

Gastrointestinal side effects: upset stomach, diarrhea, nausea, vomiting, reduced appetite, mild increases in irritability.

## Serious Side Effects for norepinephrine reuptake inhibitors (Rare)

Severe irritability and suicidal ideation.